

## February Practice Schedule

As of 1/16/2019

	Monday 1/28	Tuesday 1/29	Wednesday 1/30	Thursday 1/31	Friday 1	Saturday 2	Sunday 3	
White - OP	3:30-4:00p	3:30-4:00p	3:30-4:00p	3:30-4:00p	3:30-4:00p			
Red - OP/CN	4:00-4:45p	4:00-4:45p	4:00-4:45p	4:00-4:45p	4:00-4:45p			
Blue - CN, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Bronze - AM, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Silver - AM, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	8:30-10:00a		
Blue Elite - OP	5:00-6:15	5:00-6:15	5:00-6:15	5:00-6:15	5:00-6:15	8:30-10:00a		
Bronze Elite - RM	5:45-7:15p	5:45-7:15p	5:45-7:15p	5:45-7:15p	5:45-7:15p	8:30-10:00a		
Silver Elite - AM	5:45-7:30p	5:45-7:30p	5:45-7:30p	5:45-7:30p	5:45-7:30p	8:30-10:00a		
	4:30-5:45p	4:30-5:45p	4:30-5:45p	4:30-5:45p	4:30-5:45p			
High School - AR, RM						8:30-10:00a		
Gold - AR, CN	4:30-5:30p wr	5:30-6:30a	4:30-5:30p wr	5:30-6:30a	4:30-5:30p wr			
	5:30-7:30p	5:30-7:30p	5:30-7:30p	5:30-7:30p	5:30-7:30p			
Masters - DP, RM, OP	5:30-6:30a	5:30-6:30a	5:30-6:30a	5:30-6:30a	5:30-6:30a			
	8:00-9:00p	8:00-9:00p	8:00-9:00p	8:00-9:00p				
	4	5	6	7	8	9	10	
White - OP	3:30-4:00p	3:30-4:00p	3:30-4:00p	3:30-4:00p	3:30-4:00p	<b>BLUE JO MAX CHAMPIONSHIPS</b>		
Red - OP/CN	4:00-4:45p	4:00-4:45p	4:00-4:45p	4:00-4:45p	4:00-4:45p			
Blue - CN, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Bronze - AM, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Silver - AM, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Blue Elite - OP	5:00-6:15	5:00-6:15	5:00-6:15	5:00-6:15	5:00-6:00			
Bronze Elite - RM	5:45-7:15p	5:45-7:15p	5:45-7:15p	5:45-7:15p	5:45-6:45p			
Silver Elite - AM	5:45-7:30p	5:45-7:30p	5:45-7:30p	5:45-7:30p	5:45-6:45p			
	4:30-5:45p	4:30-5:45p	4:30-5:45p	4:30-5:45p	4:30-5:45p			
High School - AR, RM								
Gold - AR, CN	4:30-5:30p wr	5:30-6:30a	4:30-5:30p wr	5:30-6:30a	No WR			
	5:30-7:30p	5:30-7:30p	5:30-7:30p	5:30-7:30p	5:30-6:30p			
Masters - DP, RM, OP	5:30-6:30a	5:30-6:30a	5:30-6:30a	5:30-6:30a	5:30-6:30a			
	8:00-9:00p	8:00-9:00p	8:00-9:00p	8:00-9:00p				
	11	12	13	14	15	16	17	
White - OP	3:30-4:00p	3:30-4:00p	3:30-4:00p	3:30-4:00p	3:30-4:00p	<b>RIPTIDE AQUATICS SINGLE AGE SPRINT MEET (Team Hosted Fundraiser)</b>	Canyons Q (Sat / Sun)	
Red - OP/CN	4:00-4:45p	4:00-4:45p	4:00-4:45p	4:00-4:45p	4:00-4:45p			
Blue - CN, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Bronze - AM, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Silver - AM, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Blue Elite - OP	5:00-6:15	5:00-6:15	5:00-6:15	5:00-6:15	5:00-6:00			
Bronze Elite - RM	5:45-7:15p	5:45-7:15p	5:45-7:15p	5:45-7:15p	5:45-6:45p			
Silver Elite - AM	5:45-7:30p	5:45-7:30p	5:45-7:30p	5:45-7:30p	5:45-6:45p			
	4:30-5:45p	4:30-5:45p	4:30-5:45p	4:30-5:45p	4:30-5:45p			
High School - AR, RM								
Gold - AR, CN	4:30-5:30p wr	5:30-6:30a	4:30-5:30p wr	5:30-6:30a	No WR			
	5:30-7:30p	5:30-7:30p	5:30-7:30p	5:30-7:30p	5:30-6:30p			
Masters - DP, RM, OP	5:30-6:30a	5:30-6:30a	5:30-6:30a	5:30-6:30a	5:30-6:30a			
	8:00-9:00p	8:00-9:00p	8:00-9:00p	8:00-9:00p				
	18	19	20	21	22	23	24	
	<b>MVN Senior Meet</b>							
White - OP	3:30-4:00p	3:30-4:00p	3:30-4:00p	3:30-4:00p	3:30-4:00p			
Red - OP/CN	4:00-4:45p	4:00-4:45p	4:00-4:45p	4:00-4:45p	4:00-4:45p			
Blue - CN, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Bronze - AM, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Silver - AM, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Blue Elite - OP	5:00-6:15	5:00-6:15	5:00-6:15	5:00-6:15	5:00-6:15	8:30-10:00a		
Bronze Elite - RM	5:45-7:15p	5:45-7:15p	5:45-7:15p	5:45-7:15p	5:45-7:15p	8:30-10:00a		
Silver Elite - AM	5:45-7:30p	5:45-7:30p	5:45-7:30p	5:45-7:30p	5:45-7:30p	8:30-10:00a		
	4:30-5:45p	4:30-5:45p	4:30-5:45p	4:30-5:45p	4:30-5:45p	8:30-10:00a		
High School - AR, RM								
Gold - AR, CN	No WR (Snr Meet)	5:30-6:30a	4:30-5:30p wr	5:30-6:30a	4:30-5:30p wr	8:30-10:00a		
	5:30-7:30p	5:30-7:30p	5:30-7:30p	5:30-7:30p	5:30-7:30p			
Masters - DP, RM, OP	5:30-6:30a	5:30-6:30a	5:30-6:30a	5:30-6:30a	5:30-6:30a			
	8:00-9:00p	8:00-9:00p	8:00-9:00p	8:00-9:00p				
	25	26	27	28	1	2	3	
White - OP	3:30-4:00p	3:30-4:00p	3:30-4:00p	3:30-4:00p	3:30-4:00p			
Red - OP/CN	4:00-4:45p	4:00-4:45p	4:00-4:45p	4:00-4:45p	4:00-4:45p			
Blue - CN, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Bronze - AM, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Silver - AM, RM	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p	4:45-5:45p			
Blue Elite - OP	5:00-6:15	5:00-6:15	5:00-6:15	5:00-6:15	5:00-6:15	8:30-10:00a		
Bronze Elite - RM	5:45-7:15p	5:45-7:15p	5:45-7:15p	5:45-7:15p	5:45-7:15p	8:30-10:00a		
Silver Elite - AM	5:45-7:30p	5:45-7:30p	5:45-7:30p	5:45-7:30p	5:45-7:30p	8:30-10:00a		
	4:30-5:45p	4:30-5:45p	4:30-5:45p	4:30-5:45p	4:30-5:45p	8:30-10:00a		
High School - AR, RM								
Gold - AR, CN	4:30-5:30p wr	5:30-6:30a	4:30-5:30p wr	5:30-6:30a	4:30-5:30p wr	8:30-10:00a		
	5:30-7:30p	5:30-7:30p	5:30-7:30p	5:30-7:30p	5:30-7:30p			
Masters - DP, RM, OP	5:30-6:30a	5:30-6:30a	5:30-6:30a	5:30-6:30a	5:30-6:30a			
	8:00-9:00p	8:00-9:00p	8:00-9:00p	8:00-9:00p				