

September Practice Schedule

As of 8/26/2022

	Monday 8/29	Tuesday 8/30	Wednesday 8/31	Thursday 9/1	Friday 9/2	Saturday 9/3	Sunday 9/4
White	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	Labor Day Weekend No Practice	
Red							
Blue							
Bronze							
Silver							
Gold							
Senior							
Masters	6:00-7:00pm	5:45-6:45am 6:00-7:00pm	6:00-7:00pm	5:45-6:45am 6:00-7:00pm	6:00-7:00pm		
	9/5	9/6	9/7	9/8	9/9	9/10	9/11
White	Labor Day No Practice	4:00-5:00pm		4:00-5:00pm		Masters & Senior Group 8:30-9:30am	
Red							
Blue							
Bronze							
Silver							
Gold							
Senior		4:00-5:30pm (5:30-6:15p DRY)	4:00-5:30pm (5:30-6:00pm DRY)	4:00-5:30pm (5:30-6:15p DRY)	4:00-5:30pm (5:30-6:00pm DRY)		
Masters		4:00-5:30pm (5:30-6:15p DRY) 5:45-6:45am 6:00-7:00pm	4:00-6:00pm 6:00-7:00pm	4:00-5:30pm (5:30-6:15p DRY) 5:45-6:45am 6:00-7:00pm	4:00-6:00pm 6:00-7:00pm		
	9/12	9/13	9/14	9/15	9/16	9/17	9/18
						STOP ABC Meet	
White		4:00-5:00pm		4:00-5:00pm		Masters 8:30-9:30am	
Red							
Blue							
Bronze							
Silver							
Gold							
Senior	4:00-5:30pm (5:30-6:00pm DRY)	4:00-5:30pm	4:00-5:30pm (5:30-6:00pm DRY)	4:00-5:30pm	4:00-5:30pm (5:30-6:00pm DRY)		
Masters	4:00-6:00pm 6:00-7:00pm	4:00-5:30pm (5:30-6:15p DRY) 5:45-6:45am 6:00-7:00pm	4:00-6:00pm 6:00-7:00pm	4:00-5:30pm (5:30-6:15p DRY) 5:45-6:45am 6:00-7:00pm	4:00-6:00pm 6:00-7:00pm		
	9/19	9/20	9/21	9/22	9/23	9/24	9/25
White		4:00-5:00pm		4:00-5:00pm		Masters 8:30-9:30am	
Red							
Blue							
Bronze							
Silver							
Gold							
Senior	4:00-5:30pm (5:30-6:00pm DRY)	4:00-5:30pm	4:00-5:30pm (5:30-6:00pm DRY)	4:00-5:30pm	4:00-5:30pm (5:30-6:00pm DRY)		
Masters	4:00-6:00pm 6:00-7:00pm	4:00-5:30pm (5:30-6:15p DRY) 5:45-6:45am 6:00-7:00pm	4:00-6:00pm 6:00-7:00pm	4:00-5:30pm (5:30-6:15p DRY) 5:45-6:45am 6:00-7:00pm	4:00-6:00pm 6:00-7:00pm		
	9/26	9/27	9/28	9/29	9/30	10/1	10/2
White		4:00-5:00pm		4:00-5:00pm		Masters 8:30-9:30am	
Red							
Blue							
Bronze							
Silver							
Gold							
Senior	4:00-5:30pm (5:30-6:00pm DRY)	4:00-5:30pm	4:00-5:30pm (5:30-6:00pm DRY)	4:00-5:30pm	4:00-5:30pm (5:30-6:00pm DRY)		
Masters	4:00-6:00pm 6:00-7:00pm	4:00-5:30pm (5:30-6:15p DRY) 5:45-6:45am 6:00-7:00pm	4:00-6:00pm 6:00-7:00pm	4:00-5:30pm (5:30-6:15p DRY) 5:45-6:45am 6:00-7:00pm	4:00-6:00pm 6:00-7:00pm		

Learn To Swim Program Schedule

	8/29	8/30	8/31	9/1	9/2	9/3	9/4
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
	9/5	9/6	9/7	9/8	9/9	9/10	9/11
Mon & Wed Lessons	Labor Day		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons	No Practice	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
	9/12	9/13	9/14	9/15	9/16	9/17	9/18
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
	9/19	9/20	9/21	9/22	9/23	9/24	9/25
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
	9/26	9/27	9/28	9/29	9/30	10/1	10/2
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			