

November Practice Schedule

As of 10/14/2022

	Monday 10/31	Tuesday 11/1	Wednesday 11/2	Thursday 11/3	Friday 11/4	Saturday 11/5	Sunday 11/6	
	Halloween							
White	Off	4:00-5:00pm		4:00-5:00pm		Masters 8:30-9:30am		
Red		4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm			
Blue		4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm			
Bronze								
Silver		4:00-5:00pm Combined Practice	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm		4:00-5:30pm	
Gold								
Senior		4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm			
Masters		5:45-6:45am		5:45-6:45am				
	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			
	11/7	11/8	11/9	11/10	11/11	11/12	11/13	
					Veterans Day	BREA ABC Meet		
White		4:00-5:00pm		4:00-5:00pm		Masters No Practice --- Attend SPMS Annual Meeting & SwimFest @Golden West College 9am- 3pm		
Red	4:00-5:00pm		4:00-5:00pm		4:00-5:00pm			
Blue	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm			
Bronze								
Silver								
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:00pm			
Senior								
	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-5:00pm			
Masters		5:45-6:45am		5:45-6:45am				
	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			
	11/14	11/15	11/16	11/17	11/18	11/19	11/20	
White		4:00-5:00pm		4:00-5:00pm		Masters 8:30-9:30am		
Red	4:00-5:00pm		4:00-5:00pm		4:00-5:00pm			
Blue	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm			
Bronze								
Silver								
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm			
Senior								
	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm			
Masters		5:45-6:45am		5:45-6:45am				
	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			
	11/21	11/22	11/23	11/24	11/25	11/26	11/27	
White		4:00-5:00pm		Thanksgiving Day No Practice	No Practice	Masters 8:30-9:30am		
Red	4:00-5:00pm		4:00-5:00pm					
Blue	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm					
Bronze								
Silver								
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm					
Senior								
	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm					
Masters		5:45-6:45am						
	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm		6:00-7:00pm			
	11/28	11/29	11/30	12/1	12/2	12/3	12/4	
						ORCA Last Chance Meet		
White		4:00-5:00pm		4:00-5:00pm		Masters 8:30-9:30am		
Red	4:00-5:00pm		4:00-5:00pm		4:00-5:00pm			
Blue	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm			
Bronze								
Silver								
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm			
Senior								
	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm			
Masters		5:45-6:45am		5:45-6:45am				
	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			

Learn To Swim Program Schedule

	10/31	11/1	11/2	11/3	11/4	11/5	11/6
Mon & Wed Lessons	Halloween No Lessons		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
	11/7	11/8	11/9	11/10	11/11	11/12	11/13
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
	11/14	11/15	11/16	11/17	11/18	11/19	11/20
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
	11/21	11/22	11/23	11/24	11/25	11/26	11/27
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25	Thanksgiving Day No Lessons			
Tues & Thur Lessons		4, 4:25, 4:50, 5:25					
	11/28	11/29	11/30	12/1	12/2	12/3	12/4
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			

December Practice Schedule

As of 11/15/2022

	Monday 11/28	Tuesday 11/29	Wednesday 11/30	Thursday 12/1	Friday 12/2	Saturday 12/3	Sunday 12/4	
						ORCA Last Chance Meet		
White		4:00-5:00pm		4:00-5:00pm		Masters 8:30-9:30am		
Red	4:00-5:00pm		4:00-5:00pm		4:00-5:00pm			
Blue	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm			
Bronze								
Silver								
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm			
Senior								
	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm			
Masters		5:45-6:45am		5:45-6:45am				
	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			
	12/5	12/6	12/7	12/8	12/9	12/10	12/11	
					Winter Age Group Champs @San Clemente			
White		4:00-5:00pm		4:00-5:00pm	4:00-5:00pm Only WAG qualifiers/ relay swimmers	Masters 8:30-9:30am		
Red	4:00-5:00pm		4:00-5:00pm					
Blue	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm				
Bronze								
Silver								
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm				
Senior								
	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm				
Masters		5:45-6:45am		5:45-6:45am				
	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			
	12/12	12/13	12/14	12/15	12/16	12/17	12/18	
					Speedo CA/NV Winter Sectionals @La Mirada			
White		4:00-5:00pm		4:00-5:00pm	Masters 8:30-9:30am	Masters 8:30-9:30am		
Red	4:00-5:00pm		4:00-5:00pm					
Blue	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm				
Bronze								
Silver								
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm			4:00-5:30pm	
Senior								
	OFF	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm			
Masters		5:45-6:45am		5:45-6:45am				
	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			
	12/19	12/20	12/21	12/22	12/23	12/24	12/25	
White		10:00-11:00am		10:00-11:00am	No practice, enjoy the Holiday Weekend	Masters No Practice	Christmas Day	
Red	10:00-11:00am		10:00-11:00am					
Blue	10:00-11:00am	10:00-11:00am	10:00-11:00am	10:00-11:00am				
Bronze								
Silver								
Gold	10:00-11:30am	10:00-11:30am	10:00-11:30am	10:00-11:30am				
Senior								
	10:00-11:30am	10:00-11:30am	10:00-11:30am	10:00-11:30am	6:00-7:00pm			
Masters		5:45-6:45am		5:45-6:45am				
	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			
	12/26	12/27	12/28	12/29	12/30	12/31	1/1	
White		10:00-11:00am		10:00-11:00am	No practice, enjoy the Holiday Weekend	Masters 8:30-9:30am	New Years Day	
Red	10:00-11:00am		10:00-11:00am					
Blue	10:00-11:00am	10:00-11:00am	10:00-11:00am	10:00-11:00am				
Bronze								
Silver								
Gold	10:00-11:30am	10:00-11:30am	10:00-11:30am	10:00-11:30am				
Senior								
	10:00-11:30am	10:00-11:30am	10:00-11:30am	10:00-11:30am	6:00-7:00pm			
Masters		5:45-6:45am		5:45-6:45am				
	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			

Learn To Swim Program Schedule

	11/28	11/29	11/30	12/1	12/2	12/3	12/4
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
	12/5	12/6	12/7	12/8	12/9	12/10	12/11
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
	12/12	12/13	12/14	12/15	12/16	12/17	12/18
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
	12/19	12/20	12/21	12/22	12/23	12/24	12/25
Mon & Wed Lessons	OFF FOR WINTER BREAK						Christmas Day
Tues & Thur Lessons	OFF FOR WINTER BREAK						
	12/26	12/27	12/28	12/29	12/30	12/31	1/1
Mon & Wed Lessons	OFF FOR WINTER BREAK						New Years Day
Tues & Thur Lessons	OFF FOR WINTER BREAK						