

May Practice Schedule

As of 4/7/2023

	Monday 5/1	Tuesday 5/2	Wednesday 5/3	Thursday 5/4	Friday 5/5	Saturday 5/6	Sunday 5/7	
					MVN BB Long Course Meters			
White		4:00-5:00pm		4:00-5:00pm		Masters 8:30-9:30am		
Red	4:00-5:00pm		4:00-5:00pm		4:00-5:00pm			
Blue	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm			
Bronze								
Silver								
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm			
Senior								
Masters	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm			
	6:00-7:00pm	5:45-6:45am		5:45-6:45am	5:45-6:45am			
		6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			
	5/8	5/9	5/10	5/11	5/12	5/13	5/14	
White		4:00-5:00pm		4:00-5:00pm		Masters 8:30-9:30am		
Red	4:00-5:00pm		4:00-5:00pm		4:00-5:00pm			
Blue	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm			
Bronze								
Silver								
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm			
Senior								
Masters	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm			
	6:00-7:00pm	5:45-6:45am		5:45-6:45am	5:45-6:45am			
		6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			
	5/15	5/16	5/17	5/18	5/19	5/20	5/21	
						TST B & C Short Course Yards		
White		4:00-5:00pm		4:00-5:00pm		Masters 8:30-9:30am		
Red	4:00-5:00pm		4:00-5:00pm		4:00-5:00pm			
Blue	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm			
Bronze								
Silver								
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm			
Senior								
Masters	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm			
	6:00-7:00pm	5:45-6:45am		5:45-6:45am	5:45-6:45am			
		6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			
	5/22	5/23	5/24	5/25	5/26	5/27	5/28	
White		4:00-5:00pm		4:00-5:00pm		Masters No Practice		
Red	4:00-5:00pm		4:00-5:00pm		4:00-5:00pm			
Blue	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm			
Bronze								
Silver								
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm			
Senior								
Masters	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm			
	6:00-7:00pm	5:45-6:45am		5:45-6:45am	5:45-6:45am			
		6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			
	5/29	5/30	5/31	6/1	6/2	6/3	6/4	
						GWSC B Long Course Meters		
White	Memorial Day No Practice	4:00-5:00pm		4:00-5:00pm		RIPT Masters LCM Meet		
Red			4:00-5:00pm		4:00-5:00pm			
Blue		4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	4:00-5:00pm		4:00-5:00pm	
Bronze								
Silver								
Gold		4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm		4:00-5:30pm	
Senior								
Masters		4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm		4:00-6:00pm	
		5:45-6:45am		5:45-6:45am	5:45-6:45am			
		6:00-7:00pm	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm			

May Practice Schedule

As of 4/7/2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Learn To Swim Program Schedule							
	5/1	5/2	5/3	5/4	5/5	5/6	5/7
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
Jr Guard Prep MWF	5:00-6:00pm MAY		5:00-6:00pm MAY		5:00-6:00pm MAY		
Jr Guard Prep TuTh		5:00-6:00pm MAY		5:00-6:00pm MAY			
	5/8	5/9	5/10	5/11	5/12	5/13	5/14
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
Jr Guard Prep MWF	5:00-6:00pm MAY		5:00-6:00pm MAY		5:00-6:00pm MAY		
Jr Guard Prep TuTh		5:00-6:00pm MAY		5:00-6:00pm MAY			
	5/15	5/16	5/17	5/18	5/19	5/20	5/21
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
Jr Guard Prep MWF	5:00-6:00pm MAY		5:00-6:00pm MAY		5:00-6:00pm MAY		
Jr Guard Prep TuTh		5:00-6:00pm MAY		5:00-6:00pm MAY			
	5/22	5/23	5/24	5/25	5/26	5/27	5/28
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			
Jr Guard Prep MWF	5:00-6:00pm MAY		5:00-6:00pm MAY		5:00-6:00pm MAY		
Jr Guard Prep TuTh		5:00-6:00pm MAY		5:00-6:00pm MAY			
	5/29	5/30	5/31	6/1	6/2	6/3	6/4
Mon & Wed Lessons	4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25				
Tues & Thur Lessons		4, 4:25, 4:50, 5:25		4, 4:25, 4:50, 5:25			