

November Practice Schedule

As of 10/17/2023

	Monday 10/30	Tuesday 10/31	Wednesday 11/1	Thursday 11/2	Friday 11/3	Saturday 11/4	Sunday 11/5
		Halloween		Kevin Perry Senior Meet & SCAL ABC Meet			
White	4:00-5:00pm	OFF		4:00-5:00pm	4:00-5:00pm	Masters 8:30-9:30am	
Red	4:00-5:00pm		4:00-5:00pm		4:00-5:00pm		
Blue	5:00-6:00pm	OFF	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm		
Bronze	5:00-6:00pm	OFF	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm		
Gold	4:00-5:30pm	OFF	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm		
Senior	5:45-6:45am 4:00-6:00pm	OFF	5:45-6:45am 4:00-6:00pm	4:00-5:00pm	Swim 6-7p w masters if not at meet		
Masters	5:45-6:45am 6:00-7:00pm 7:00-8:00pm	6:00-7:00pm	5:45-6:45am 6:00-7:00pm 7:00-8:00pm	6:00-7:00pm	5:45-6:45am 6:00-7:00pm		
	11/6	11/7	11/8	11/9	11/10	11/11	11/12
White		4:00-5:00pm		4:00-5:00pm	4:00-5:00pm	Masters 8:30-9:30am	
Red	4:00-5:00pm		4:00-5:00pm		4:00-5:00pm		
Blue	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm		
Bronze	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm		
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm		
Senior	5:45-6:45am 4:00-6:00pm	4:00-6:00pm	5:45-6:45am 4:00-6:00pm	4:00-6:00pm	4:00-6:00pm		
Masters	5:45-6:45am 6:00-7:00pm 7:00-8:00pm	6:00-7:00pm	5:45-6:45am 6:00-7:00pm 7:00-8:00pm	6:00-7:00pm	5:45-6:45am 6:00-7:00pm		
	11/13	11/14	11/15	11/16	11/17	11/18	11/19
White		4:00-5:00pm		4:00-5:00pm	4:00-5:00pm	Masters 8:30-9:30am	
Red	4:00-5:00pm		4:00-5:00pm		4:00-5:00pm		
Blue	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm		
Bronze	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm		
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm		
Senior	5:45-6:45am 4:00-6:00pm	4:00-6:00pm	5:45-6:45am 4:00-6:00pm	4:00-6:00pm	4:00-6:00pm		
Masters	5:45-6:45am 6:00-7:00pm 7:00-8:00pm	6:00-7:00pm	5:45-6:45am 6:00-7:00pm 7:00-8:00pm	6:00-7:00pm	5:45-6:45am 6:00-7:00pm		
	11/20	11/21	11/22	11/23	11/24	11/25	11/26
White		4:00-5:00pm	4:00-5:00pm	Thanksgiving Day No Practice	OFF	Masters 8:30-9:30am	
Red	4:00-5:00pm		4:00-5:00pm		OFF		
Blue	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm		OFF		
Bronze	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm		OFF		
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm		OFF		
Senior	5:45-6:45am 4:00-6:00pm	4:00-6:00pm	5:45-6:45am 4:00-6:00pm		5:00-6:00pm		
Masters	5:45-6:45am 6:00-7:00pm 7:00-8:00pm	6:00-7:00pm	5:45-6:45am 6:00-7:00pm 7:00-8:00pm		5:45-6:45am 6:00-7:00pm		
	11/27	11/28	11/29	11/30	12/1	12/2	12/3
						RIPT ABC Meet	
White		4:00-5:00pm		4:00-5:00pm	4:00-5:00pm	No Masters Practice	
Red	4:00-5:00pm		4:00-5:00pm		4:00-5:00pm		
Blue	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm		
Bronze	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm		
Gold	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm		
Senior	5:45-6:45am 4:00-6:00pm	4:00-6:00pm	5:45-6:45am 4:00-6:00pm	4:00-6:00pm	4:00-6:00pm		
Masters	5:45-6:45am 6:00-7:00pm 7:00-8:00pm	6:00-7:00pm	5:45-6:45am 6:00-7:00pm 7:00-8:00pm	6:00-7:00pm	5:45-6:45am 6:00-7:00pm		

November Practice Schedule

As of 10/17/2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Learn To Swim Program Schedule							
	10/30	10/31	11/1	11/2	11/3	11/4	11/5
Mon & Wed Lessons	OFF	Halloween	4, 4:30, 5:00, 5:35				
Tues & Thur Lessons		OFF		4, 4:30, 5:00, 5:35			
	11/6	11/7	11/8	11/9	11/10	11/11	11/12
Mon & Wed Lessons	4, 4:30, 5:00, 5:35		4, 4:30, 5:00, 5:35				
Tues & Thur Lessons		4, 4:30, 5:00, 5:35		4, 4:30, 5:00, 5:35			
	11/13	11/14	11/15	11/16	11/17	11/18	11/19
Mon & Wed Lessons	4, 4:30, 5:00, 5:35		4, 4:30, 5:00, 5:35				
Tues & Thur Lessons		4, 4:30, 5:00, 5:35		4, 4:30, 5:00, 5:35			
	11/20	11/21	11/22	11/23	11/24	11/25	11/26
Mon & Wed Lessons	4, 4:30, 5:00, 5:35		OFF	Thanksgiving Day			
Tues & Thur Lessons		4, 4:30, 5:00, 5:35		OFF			
	11/27	11/28	11/29	11/30	12/1	12/2	12/3
Mon & Wed Lessons	4, 4:30, 5:00, 5:35		4, 4:30, 5:00, 5:35				
Tues & Thur Lessons		4, 4:30, 5:00, 5:35		4, 4:30, 5:00, 5:35			