

## February Practice Schedule

As of 1/15/2024

|         | Monday<br>1/29                    | Tuesday<br>1/30 | Wednesday<br>1/31                 | Thursday<br>2/1                   | Friday<br>2/2              | Saturday<br>2/3        | Sunday<br>2/4 |
|---------|-----------------------------------|-----------------|-----------------------------------|-----------------------------------|----------------------------|------------------------|---------------|
| White   |                                   | 4:00-5:00pm     |                                   | 4:00-5:00pm                       | 4:00-5:00pm                | Masters<br>8:30-9:30am |               |
| Red     | 4:00-5:00pm                       |                 | 4:00-5:00pm                       |                                   | 4:00-5:00pm                |                        |               |
| Blue    | 5:30-6:30pm                       | 5:30-6:30pm     | 5:30-6:30pm                       | 5:30-6:30pm                       | 5:30-6:30pm                |                        |               |
| Bronze  | 4:00-5:00pm                       | 4:00-5:00pm     | 4:00-5:00pm                       | 4:00-5:00pm                       | 4:00-5:00pm                |                        |               |
| Gold    | 4:00-5:30pm                       | 4:00-5:30pm     | 4:00-5:30pm                       | 4:00-5:30pm                       | 4:00-5:30pm                |                        |               |
| Senior  | 5:45-6:45am<br>4:00-6:00pm        | 4:00-6:00pm     | 5:45-6:45am<br>4:00-6:00pm        | 4:00-6:00pm                       | 4:00-6:00pm                |                        |               |
| Masters | 5:45-6:45am<br><b>6:00-7:30pm</b> | 6:00-7:00pm     | 5:45-6:45am<br><b>6:00-7:30pm</b> | <b>5:45-6:45am</b><br>6:00-7:00pm | 5:45-6:45am<br>6:00-7:00pm |                        |               |
|         | <b>2/5</b>                        | <b>2/6</b>      | <b>2/7</b>                        | <b>2/8</b>                        | <b>2/9</b>                 | <b>2/10</b>            | <b>2/11</b>   |
| White   |                                   | 4:00-5:00pm     |                                   | 4:00-5:00pm                       | 4:00-5:00pm                | Masters<br>8:30-9:30am |               |
| Red     | 4:00-5:00pm                       |                 | 4:00-5:00pm                       |                                   | 4:00-5:00pm                |                        |               |
| Blue    | 5:30-6:30pm                       | 5:30-6:30pm     | 5:30-6:30pm                       | 5:30-6:30pm                       | 5:30-6:30pm                |                        |               |
| Bronze  | 4:00-5:00pm                       | 4:00-5:00pm     | 4:00-5:00pm                       | 4:00-5:00pm                       | 4:00-5:00pm                |                        |               |
| Gold    | 4:00-5:30pm                       | 4:00-5:30pm     | 4:00-5:30pm                       | 4:00-5:30pm                       | 4:00-5:30pm                |                        |               |
| Senior  | 5:45-6:45am<br>4:00-6:00pm        | 4:00-6:00pm     | 5:45-6:45am<br>4:00-6:00pm        | 4:00-6:00pm                       | 4:00-6:00pm                |                        |               |
| Masters | 5:45-6:45am<br><b>6:00-7:30pm</b> | 6:00-7:00pm     | 5:45-6:45am<br><b>6:00-7:30pm</b> | <b>5:45-6:45am</b><br>6:00-7:00pm | 5:45-6:45am<br>6:00-7:00pm |                        |               |
|         | <b>2/12</b>                       | <b>2/13</b>     | <b>2/14</b>                       | <b>2/15</b>                       | <b>2/16</b>                | <b>2/17</b>            | <b>2/18</b>   |
|         | <b>Lincoln's Birthday</b>         |                 |                                   |                                   |                            |                        |               |
| White   |                                   | 4:00-5:00pm     |                                   | 4:00-5:00pm                       | 4:00-5:00pm                | Masters<br>8:30-9:30am |               |
| Red     | 4:00-5:00pm                       |                 | 4:00-5:00pm                       |                                   | 4:00-5:00pm                |                        |               |
| Blue    | 5:30-6:30pm                       | 5:30-6:30pm     | 5:30-6:30pm                       | 5:30-6:30pm                       | 5:30-6:30pm                |                        |               |
| Bronze  | 4:00-5:00pm                       | 4:00-5:00pm     | 4:00-5:00pm                       | 4:00-5:00pm                       | 4:00-5:00pm                |                        |               |
| Gold    | 4:00-5:30pm                       | 4:00-5:30pm     | 4:00-5:30pm                       | 4:00-5:30pm                       | 4:00-5:30pm                |                        |               |
| Senior  | 5:45-6:45am<br>4:00-6:00pm        | 4:00-6:00pm     | 5:45-6:45am<br>4:00-6:00pm        | 4:00-6:00pm                       | 4:00-6:00pm                |                        |               |
| Masters | 5:45-6:45am<br><b>6:00-7:30pm</b> | 6:00-7:00pm     | 5:45-6:45am<br><b>6:00-7:30pm</b> | <b>5:45-6:45am</b><br>6:00-7:00pm | 5:45-6:45am<br>6:00-7:00pm |                        |               |
|         | <b>2/19</b>                       | <b>2/20</b>     | <b>2/21</b>                       | <b>2/22</b>                       | <b>2/23</b>                | <b>2/24</b>            | <b>2/25</b>   |
|         | <b>Presidents' Day</b>            |                 |                                   |                                   |                            | <b>STOP ABC Meet</b>   |               |
| White   |                                   | 4:00-5:00pm     |                                   | 4:00-5:00pm                       | 4:00-5:00pm                | Masters<br>8:30-9:30am |               |
| Red     | 4:00-5:00pm                       |                 | 4:00-5:00pm                       |                                   | 4:00-5:00pm                |                        |               |
| Blue    | 5:30-6:30pm                       | 5:30-6:30pm     | 5:30-6:30pm                       | 5:30-6:30pm                       | 5:30-6:30pm                |                        |               |
| Bronze  | 4:00-5:00pm                       | 4:00-5:00pm     | 4:00-5:00pm                       | 4:00-5:00pm                       | 4:00-5:00pm                |                        |               |
| Gold    | 4:00-5:30pm                       | 4:00-5:30pm     | 4:00-5:30pm                       | 4:00-5:30pm                       | 4:00-5:30pm                |                        |               |
| Senior  | 5:45-6:45am<br>4:00-6:00pm        | 4:00-6:00pm     | 5:45-6:45am<br>4:00-6:00pm        | 4:00-6:00pm                       | 4:00-6:00pm                |                        |               |
| Masters | 5:45-6:45am<br><b>6:00-7:30pm</b> | 6:00-7:00pm     | 5:45-6:45am<br><b>6:00-7:30pm</b> | <b>5:45-6:45am</b><br>6:00-7:00pm | 5:45-6:45am<br>6:00-7:00pm |                        |               |
|         | <b>2/26</b>                       | <b>2/27</b>     | <b>2/28</b>                       | <b>2/29</b>                       | <b>3/1</b>                 | <b>3/2</b>             | <b>3/3</b>    |
| White   |                                   | 4:00-5:00pm     |                                   | 4:00-5:00pm                       | 4:00-5:00pm                | Masters<br>8:30-9:30am |               |
| Red     | 4:00-5:00pm                       |                 | 4:00-5:00pm                       |                                   | 4:00-5:00pm                |                        |               |
| Blue    | 5:30-6:30pm                       | 5:30-6:30pm     | 5:30-6:30pm                       | 5:30-6:30pm                       | 5:30-6:30pm                |                        |               |
| Bronze  | 4:00-5:00pm                       | 4:00-5:00pm     | 4:00-5:00pm                       | 4:00-5:00pm                       | 4:00-5:00pm                |                        |               |
| Gold    | 4:00-5:30pm                       | 4:00-5:30pm     | 4:00-5:30pm                       | 4:00-5:30pm                       | 4:00-5:30pm                |                        |               |
| Senior  | 5:45-6:45am<br>4:00-6:00pm        | 4:00-6:00pm     | 5:45-6:45am<br>4:00-6:00pm        | 4:00-6:00pm                       | 4:00-6:00pm                |                        |               |
| Masters | 5:45-6:45am<br><b>6:00-7:30pm</b> | 6:00-7:00pm     | 5:45-6:45am<br><b>6:00-7:30pm</b> | <b>5:45-6:45am</b><br>6:00-7:00pm | 5:45-6:45am<br>6:00-7:00pm |                        |               |

## February Practice Schedule

As of 1/15/2024

|                                | Monday              | Tuesday             | Wednesday           | Thursday            | Friday | Saturday | Sunday |
|--------------------------------|---------------------|---------------------|---------------------|---------------------|--------|----------|--------|
| Learn To Swim Program Schedule |                     |                     |                     |                     |        |          |        |
|                                | 1/29                | 1/30                | 1/31                | 2/1                 | 2/2    | 2/3      | 2/4    |
| Mon & Wed Lessons              | 4, 4:30, 5:00, 5:35 |                     | 4, 4:30, 5:00, 5:35 |                     |        |          |        |
| Tues & Thur Lessons            |                     | 4, 4:30, 5:00, 5:35 |                     | 4, 4:30, 5:00, 5:35 |        |          |        |
|                                | 2/5                 | 2/6                 | 2/7                 | 2/8                 | 2/9    | 2/10     | 2/11   |
| Mon & Wed Lessons              | 4, 4:30, 5:00, 5:35 |                     | 4, 4:30, 5:00, 5:35 |                     |        |          |        |
| Tues & Thur Lessons            |                     | 4, 4:30, 5:00, 5:35 |                     | 4, 4:30, 5:00, 5:35 |        |          |        |
| Mon & Wed Jr Guard             | 5:00-6:00pm         |                     | 5:00-6:00pm         |                     |        |          |        |
| Tues & Thur Jr Guard           |                     | 5:00-6:00pm         |                     | 5:00-6:00pm         |        |          |        |
|                                | 2/12                | 2/13                | 2/14                | 2/15                | 2/16   | 2/17     | 2/18   |
| Mon & Wed Lessons              | 4, 4:30, 5:00, 5:35 |                     | 4, 4:30, 5:00, 5:35 |                     |        |          |        |
| Tues & Thur Lessons            |                     | 4, 4:30, 5:00, 5:35 |                     | 4, 4:30, 5:00, 5:35 |        |          |        |
| Mon & Wed Jr Guard             | 5:00-6:00pm         |                     | 5:00-6:00pm         |                     |        |          |        |
| Tues & Thur Jr Guard           |                     | 5:00-6:00pm         |                     | 5:00-6:00pm         |        |          |        |
|                                | 2/19                | 2/20                | 2/21                | 2/22                | 2/23   | 2/24     | 2/25   |
| Mon & Wed Lessons              | 4, 4:30, 5:00, 5:35 |                     | 4, 4:30, 5:00, 5:35 |                     |        |          |        |
| Tues & Thur Lessons            |                     | 4, 4:30, 5:00, 5:35 |                     | 4, 4:30, 5:00, 5:35 |        |          |        |
| Mon & Wed Jr Guard             | 5:00-6:00pm         |                     | 5:00-6:00pm         |                     |        |          |        |
| Tues & Thur Jr Guard           |                     | 5:00-6:00pm         |                     | 5:00-6:00pm         |        |          |        |
|                                | 2/26                | 2/27                | 2/28                | 2/29                | 3/1    | 3/2      | 3/3    |
| Mon & Wed Lessons              | 4, 4:30, 5:00, 5:35 |                     | 4, 4:30, 5:00, 5:35 |                     |        |          |        |
| Tues & Thur Lessons            |                     | 4, 4:30, 5:00, 5:35 |                     | 4, 4:30, 5:00, 5:35 |        |          |        |
| Mon & Wed Jr Guard             | 5:00-6:00pm         |                     | 5:00-6:00pm         |                     |        |          |        |
| Tues & Thur Jr Guard           |                     | 5:00-6:00pm         |                     | 5:00-6:00pm         |        |          |        |